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www.footnotesdanceandmusic.com

#### Remember To Bring A Water Bottle to Class!

It is important that dancers hydrate. The teachers will give the students a water break during class. However, there are no water fountains at the studio, so it is important that every dancer brings a water bottle with them to class. There is a shelf in each classroom where the water bottle can be placed during class. Thank you for your help in keeping our dancers hydrated and healthy this season.





# Appropriate Footwear

It is important that dancers wear appropriate footwear to dance class each week. We ask that this footwear not be wore outside the studio to minimize the dirt brought into the classrooms and onto the dance floors. We do sell ballet, tap, and jazz shoes right here at the studio and are able to size the dancers to ensure they receive the correct size. Just stop by the front desk and ask. Below is the required footwear for each class.

Hip Hop - Sneakers (preferably for class only)

**Ballet - Ballet Shoes** Tap - Tap Shoes Jazz - Jazz Shoes **Lyrical** - Ballet Shoes

Contemporary - Jazz Shoes or Barefoot

**Tumbling** - Barefoot

Musical Theatre - Jazz Shoes

Note: If you recently switched class styles and you can wear ballet shoes for any of the classes that say jazz shoes or vice versa until you are able to purchase new shoes.



# Closed Monday September 4, 2023

Have a wonderful Labor Day Weekend with family and friends.



#### LA Stars 2023-2024 Calendar

Our competition teams have been rehearsing now for a month and we are so excited for the coming season. Below is our competition season calendar, please take the time to mark your calendar, even if your dancer isn't on our competition team the competitions are free for the audience, so it is a great way to expose your dancer to a lot of great dance performances for free.

**Showstopper Convention** - October 27 -29 (Orlando, FL) Shake the Ground - January 26 - 28 (Fort Myers, FL) Bravo - February 29 - March 3 (Lehigh Acres, FL) Showstopper - April 19-21 (Lakeland, FL)





